



**Elephant-Stomping Group Agenda #7**  
**Part Six B (Chapters 33-38): Elephant-Free Operations**

***Meeting Opener:***

1. In what areas regarding your Leadership Lock did you focus more on the front side of the Energy Map?

a. How, specifically, did you focus more on the front side?

b. What short-term results are you seeing? What long-term results are you anticipating?

2. Share an example illustrating how an excessive focus on problems in your organization slowed down a team and diminished business results. (Chapter 34)

a. What are some of the probable costs of this focus, both short-term and long-term?

***A Wellness Culture Tool:  
The 3 Mind Factors***

#1: You can only focus on one thing at a time.

#2: The mind cannot avoid a "don't."

#3: You go toward your focus.

- Chapter 22, page 140



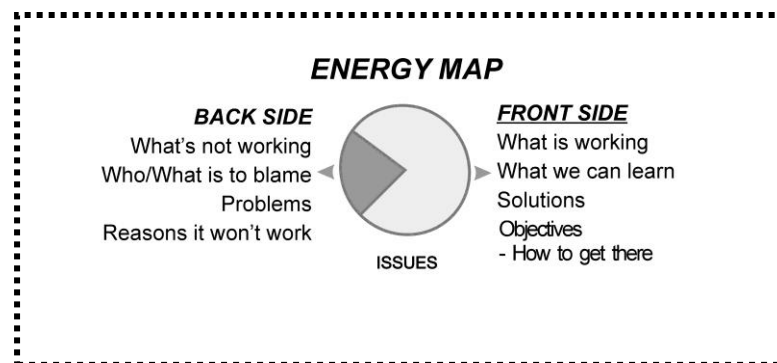
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- b. How can the perspective that all issues are in the middle of the Energy Map waiting for backward or forward energy serve you? How can it serve your organization?
3. In your own words, describe the relationship between the 3 Mind Factors and the Energy Map.
- a. Why is the Energy Map not a “Pollyanna” approach to leadership but an operating system that, when applied appropriately, can move everything forward?







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#### **Meeting Closer:**

5. What aspect of the back side of the Energy Map is currently impeding results with your Leadership Lock issue?
  - a. In order to move this issue forward more efficiently, what aspect of the front side of the Energy Map will you focus on even more between now and your next Elephant-Stomping Group meeting?
  
6. Share two specific ways in which you will use the Energy Map to filter your thoughts and generate even better results in your life.

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